



Please call 610-983-9044 with a \$200 deposit via credit card and approximate number of athletes/levels to hold your spot for the competition. The last two years have filled to capacity and closed out early.

Dear Coaches,

You are cordially invited to participate in the 2016 Liberty Cup Gymnastics Competition for all USAG athletes Levels 2 to 10 and all Xcel levels. Our equipment features double sets of AAI Bars, JF Beams and Vaults, Palmer Spring Floor and a abundance of Mancino Mats.

Join us Friday, Saturday, and Sunday, December 2 to 4, at the Greater Philadelphia Expo Center in Oaks, PA, our new larger venue with ample parking just steps away from the arena. visit www.phillyexpocenter.com for more information on the arena.

Conveniently located next to many restaurants, (Bob Evans, Max & Erma's, Moe's Southwest Grill, Buffalo Wild Wings, Uno Chicago Grill, Valley Forge Turf Club, Arnold's Grill, Kamita Bistro, Cheeburger Cheeburger, to name a few) and fun family activities like; Arnolds Family Fun Center, Regal Theater, Philadelphia Rock Gym, and Sky Zone Trampoline Park.

Christmas shopping at the King of Prussia Mall and easy access, 6 miles, to the Valley Forge PA Turnpike exit.

The competition is a pleasure to watch. We start and end on time and keep the kids moving. Our large and spacious arena features seating in a "U" shape allowing parents up close access to every event for photos, video or simply the perfect view. There is not a bad seat in the house. No need to "save" your seat. Get up, take a walk to another event, sit and enjoy.

Follow your teams scores on any smart phone or device by logging onto Beyond the Scores (download app) or watch as all the scores are continually projected and updated.

Awards will be given for all the participating athletes and 50% of all age groups in each event, as well as the outstanding performance award for one gymnast in each session.

The Liberty Cup is hosted by the Aerials Gymnastics Team, the START Foundation, and is sanctioned by USA Gymnastics.

Our Host Hotel is the Hilton Garden Inn Valley Forge or the Hampton Inn and Suites/ Oaks, PA, both just a few hundred yards from the competition site, featuring early breakfast and swimming. Special room rates, call 610.650.0880 and mention The Liberty Cup. Book early just in case, you can always cancel.

Complete the enclosed registration form and return by mail or PDF Email. For additional information, please call us at 610.983.9044 and ask for Tim. You can also visit us on the web at www.libertycup.net follow clicks to download forms or Email at info@aerialsgymnastics.com

Thank you from meet directors:

Tim Darling	Ryan Kennedy	Heather Bernardin
Karen Elmsore	Rick Palumbo	

**Aerials
Gymnastics
Team**



GREATER
PHILADELPHIA
EXPO
CENTER
AT OAKS



HOST SITE
Greater Philadelphia Expo Center
100 Station Avenue
Oaks PA 19456
484.754.EXPO voice
www.phillyexpocenter.com website

HOST GYM
Aerials Gymnastics Center
The Shoppes at Valley Forge
238 Schuylkill Road, Route 23
Phoenixville, PA 19460
610.983.9044 *voice*
610-983.9046 *fax*
info@Aerialsgymnastics.com *email*
Tim@Aerialsgymnastics.com *email*
www.Aerialsgymnastics.com *website*



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To all of our friends in Foreign Gyms:

If you would like to compete in the Liberty Cup, then we need for you to do the following:

You will need to contact USAG and register both the athletes and the coaches to obtain a USAG number or send me a list of all athletes and coaches, along with \$25 each and we will register them for you. We need for you to send only the first and last name. USAG will only accept one last name. We also need their birthdates.

Coaches must also obtain a USAG number in order for their students to compete.

Next, you can visit Beyond The Scores (<https://www.beyondthescores.com/>) and register your team online. You may send the roster via email, but they will not be entered into the meet until all monies have been received. You can pay the fees by sending a check to the address listed above or you can wire the fees. If you want to wire the fees, please email me at the address listed below and we will give you directions on how to wire the fees to us. You can also pay by credit card, but there is a 3% admin fee to process.

If you choose to obtain the USAG numbers yourself, please include the USAG numbers on the roster. If you would like for us to obtain the USAG numbers then add \$25 for each athlete and \$25 for each coach when you send your payment and we will obtain their USAG numbers for you. USAG also charges \$25 each so the cost is the same.

If you have any questions, please email Tim@aerialsgymnastics.com or Ryan@aerialsgymnastics.com or you may call the gym. You may not get anyone that can answer your specific question, or we may not be open due to the time changes. Email is most efficient, but if you need to call the number is: 1-610-983-9044.

Tim Darling, Ryan Kennedy

**Aerials
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Tim@Aerialsgymnastics.com *email*
www.Aerialsgymnastics.com *website*



COPY THIS FORM FOR EACH LEVEL

Host Day/Date **START Foundation, Aerials Gymnastics**
Friday, Saturday and Sunday
December 2 - 4, 2016

You can download ALL your team entries to Beyond the Scores

GYM NAME <i>print here</i>		PHONE ()	
ADDRESS		FAX ()	
CITY		STATE	ZIP
USAG CLUB NUMBER	E-MAIL		

COACH	USAG#	SAFETY EXP	BACK G EXP
COACH	USAG#	SAFETY EXP	BACK G EXP
COACH	USAG#	SAFETY EXP	BACK G EXP

USAG Level (circle one): 2 3 4 5 6 7 8 9 10

USAG Xcel Bronze Silver Gold Platinum Diamond

USAG #	Gymnasts' Names	level	DOB	Shirt Size <i>(circle one)</i>
1)	_____	_____	___/___/___	CS CM CL AS AM
2)	_____	_____	___/___/___	CS CM CL AS AM
3)	_____	_____	___/___/___	CS CM CL AS AM
4)	_____	_____	___/___/___	CS CM CL AS AM
5)	_____	_____	___/___/___	CS CM CL AS AM
6)	_____	_____	___/___/___	CS CM CL AS AM
7)	_____	_____	___/___/___	CS CM CL AS AM
8)	_____	_____	___/___/___	CS CM CL AS AM
9)	_____	_____	___/___/___	CS CM CL AS AM
10)	_____	_____	___/___/___	CS CM CL AS AM
11)	_____	_____	___/___/___	CS CM CL AS AM
12)	_____	_____	___/___/___	CS CM CL AS AM
13)	_____	_____	___/___/___	CS CM CL AS AM
14)	_____	_____	___/___/___	CS CM CL AS AM
15)	_____	_____	___/___/___	CS CM CL AS AM
16)	_____	_____	___/___/___	CS CM CL AS AM
17)	_____	_____	___/___/___	CS CM CL AS AM
18)	_____	_____	___/___/___	CS CM CL AS AM
19)	_____	_____	___/___/___	CS CM CL AS AM
20)	_____	_____	___/___/___	CS CM CL AS AM

Registration



Host START Foundation, Aerials Gymnastics
Day/Date Friday, Saturday and Sunday
December 2 - 4, 2016

Return to: Aerials Gymnastics, Attn: Tim Darling
The Shoppes at Valley Forge, 238 Schuylkill Road, Route 23, Phoenixville, PA 19460

Please call Tim Darling or Rick Palumbo at Aerials Gymnastics with any questions:
610.983.9044 / fax 610.983.9046 / email: info@Aerialsgymnastics.com / Tim@aerialsgymnastics.com

Gym Name: _____

Primary Contact Name _____ & Phone: (_____) _____ - _____

Email: _____

Primary Contact Name _____ & Phone: (_____) _____ - _____

Email: _____

USAG Compulsory Level 2 : Gymnasts @ \$ 80.00 per gymnast \$ _____

All USAG Compulsory Levels and Xcell Bronze, Silver : Gymnasts @ \$ 95.00 per gymnast \$ _____

ALL USAG Optional Levels and Xcell Gold, Platinum, Diamond : Gymnasts @ \$105.00 per gymnast \$ _____

Number of Teams : Teams @\$60 per level \$ _____

ALL USAG levels, including level 2, are sanctioned Grand Total \$ _____

General Information:

Please call 610-983-9044 with a \$200 deposit via credit card and approximate number of athletes/levels to hold your spot for the competition.
The last three years have filled to capacity and closed out early.

- **Entry deadline: November 1, 2016.** Late fees (\$25 per athlete) will apply after the deadline.
- Top 3 scores are counted for Team Awards per level.
- Consider registering directly using Beyond the Scores (www.beyondthescores.com), you can include your team logo and athletes photos if you like.
- Please use a separate Registration form for each level. You may copy this form as needed.
- **Teams with more than 6 athletes in a level MUST have 2 coaches to keep rotations small and quick moving.**
- Modified Capitol Cup Style featuring AAI bars and Janssen Fritsen Vault, Floor and Beams.
- Fill out each form completely, including names, USAG numbers and birth dates. The competition committee must have complete information for each athlete.
- Please make your payment by check or money order payable to **Aerials Gymnastics** and include the Entry Fees form.
- Mail all completed forms to the attention of **TIM DARLING** at the address above, or fax them to him at **610-983-9046**.
- Please keep in mind that the entry deadline is November 1, 2016.
- Fees will be refunded for all gymnasts who are wait-listed and, therefore, cannot be registered.
- **No refunds will be made for withdrawals after November 7, 2016.**

Entry Fees